

"Kindness" Book Launch

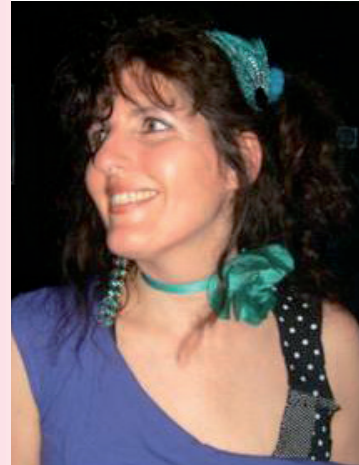
11th August, 2023 - 6pm to 8pm

The Black Market

Cork

Wendy Moore
ART

*"Spread Kindness
And Create."*



"Kindness" - A Little Bit About This Book

I have always loved to paint and write poetry. This book was inspired by a quote, I heard a few years ago, which goes like this:

"Painting is poetry that is seen rather than felt, and poetry is painting that is felt, rather than seen." Leonardo da Vinci

So, my journey began, I have created a compilation of forty-six paintings and poems for this book of Kindness. Each of the paintings and poems in the book I have painted and written.

My paintings have been created by using mostly oil paints, which are layered in each painting, to bring colour and movement. But, also, to reflect the poem, which has been created in the painting's name.

My poems bring words of meaning to life's moments and evoke a little comfort and kindness within its pages.

The famous quotes used in this book, are specially chosen to bring meaning and depth to each painting and poem. But, also to, inspire your day.

Creative pages at the end, of this book, are for you the reader, to explore and do. Ten pages to fill with colour for your artwork, a quote and words for your poems. A little art therapy, to explore and bring inspiration to the artist in you.

This book of Kindness is for everyone. I suppose, the message in this book is:

"Spread Kindness and create. You know, both will make you feel great."

Thank you, the reader, so much and I hope this book of Kindness brings a little, creative, magic to your lives.

**"Art washes away from the soul the dust of everyday life."
Pablo Picasso**

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